

# Stories from our patients

## Patient testimonials



### **Airsonett has been fantastic for our son and our family**

The five-year old suffers from severe food allergies, pet allergies, atopic eczema, itching and severe asthma. He has been prescribed a high maintenance dose of several different medications. He suffered multiple asthma attacks every night. Also affected by asthma during physical exertion. After only a couple of months with Airsonett we noticed an improvement in night time sleep, less itching AND fewer asthma attacks, as well as less coughing/mucus brought up at night. After another couple of months, we have noticed that he no longer appears to be affected by asthma during exertion. He is running around like everyone else! The boy himself thinks it is great to sleep under the Airsonett. This is the FIRST year of his life in which he has not had to be admitted to hospital in connection with a cold and its complications.

For us, the Airsonett has been unparalleled. Of course, he still has asthma, still takes medication and still suffers, but the difference is remarkable! (*Sarah, Mother*)

**This is the first time we can see an actual improvement of our son's allergic symptoms**  
Our son is suffering from allergies which over the years have become more severe and it is now also affecting him psychologically. Since he was 3 years' old he has had atopic eczema. He uses moisturizers and topical glucocorticosteroids daily to control his eczema. His eyes are itching, especially in the mornings and he often finds it hard to go to school since the children ask him what is wrong with his eyes. In addition to the topical creams, he uses a number of antiallergic tablets, nasal spray and eye drops but his issues with swollen eyes and eczema are persisting.

Two months ago we had an Airsonett installed in our son's bedroom and we have noticed a clear improvement in his allergy. His skin is softer, the eczema much less severe and his eyes are better. He says his eyes no longer itch in the mornings. He has continued with his medication. We would like to continue to use Airsonett. This is the first time we can see an actual improvement of our son's allergic symptoms.

*(AG, Father)*



**My daughter's life has improved dramatically since having an Airsonett**  
My daughter has not been admitted to hospital since having an Airsonett. Prior to this she would be admitted about every 6 weeks. She is now able to participate in all daytime activities, in particular daily dance classes. Her life has improved dramatically since having an Airsonett. She is now much more like a normal child. I cannot thank you enough.  
*(Father, United Kingdom)*

### **My daughter hasn't been admitted to hospital since getting the Airsonett**

Before she had the Airsonett she was in hospital every 4-5 weeks, maybe more, with at least one hospital admission for 2-3 days every 2 months. She now attends school all the time, where before the Airsonett she missed so much school. She has reduced a lot of the inhalers that she takes, particularly Ventolin®, and because she sleeps better it has given her a lot more energy to deal with her other problems like renal suppression. As she sleeps better I am not so worried about her in the night as I used to have to wake up to do her inhalers. I don't have to do this anymore so I can enjoy my sleep at last. *(AW, Mother)*

## **I've not been seriously ill since I've been using Airsonett**

It's definitely reduced the number of times that I've had to go to the doctors for even like check-ups. Before Airsonett was installed my mum was constantly coming through during the night to check that I was still breathing because I sneeze and cough quite a lot during my sleep and that wakes her up and I've found that since Airsonett has been installed I've not been coughing or sneezing in my sleep so she hasn't been waking up so much. Airsonett has made a big difference. I used to feel that there was like a band around my lungs and felt as if there was a pressure to try and breath but now its feels so much clearer and I used to take my Ventolin® at least once a week but now sometimes I can last 3-4 weeks without taking it.

*(DB, female adult)*



## **I haven't had as many incidences where I have had to increase my steroids**

Having the Airsonett means that I wake up 90% less now at night. I don't use as many relievers at night and I haven't had as many incidences where I have had to increase my steroid. As I get a better night's sleep, I'm not as drained in the morning.

*(RC, male adult)*

## **My son can finally start living his life!**

Since my son, who is now 10 years' old, started in day care he has had an infection at least once a fortnight. Most of the days he has been at home, tired, coughing mucus, difficulty breathing. The slightest cold resulted in much lower lung function. Despite heavy medication, his asthma was bad. His concentration problems, hyperactivity and mood swings was part of his, and the family's, daily life.

A few months ago he got an Airsonett. Now he has been in school for weeks without an infection. He can play and do PE! He is happy, feels pretty well, is in school and with friends. He is less tired and has fewer mood swings and is feeling pleased with himself at the end of each day.

The other day he told me: "This is really working Mum, I mean the Airsonett"

My son's quality of life has increased significantly! I am so thankful that I am on the verge of crying. It feels like a miracle. *(Mother, Sweden)*

## The Airsonett is very helpful as it enables my son to sleep at night

Last year he had 26 visits to hospital and a lot of GP visits. So far this year he has had about 5-6 GP visits and maybe one or two hospital visits only. He wakes up about 50% less now at night and family life is a lot less stressful.

*(SF, Father)*

## Our boy sleeps without itching and it is wonderful

Our son was only two months old when his eczema started. At 2.5 years' old it was really bad. He has been admitted to hospitals and he has also tried all kinds of treatments; sun/bath, different lotions, wet wrapping, long courses of antibiotics and tab prednisolon. As this was not helping he was in Dec 2008 started on cyclosporine. At that time, he had eczema all over his body and fluid-filled blisters on the soles of his feet. The skin was improving but the itching remained, it was worse at night. In Aug 2010 we started with Airsonett. It took a few nights and then he stopped itching at night. The eczema started to fade away. His cyclosporine dose was 50 mg in the morning and 25 mg in the evening. We started to lower the dose in Sept 2010 and he took the last capsule in Dec 2010. During a few days the Airsonett was at standstill and then our son started to itch at night again. We are therefore convinced that the Airsonett is causing the improvement. Some of the eczema is coming back, but it is manageable. He sleeps without itching and it is wonderful. We hope he won't need to start with cyclosporine in the future.

We also want to say that the service from the Airsonett team has been fantastic. Here is a comment from our son: "Mum, I go to bed to sleep and when I open my eyes it is morning." *(Mother, Sweden)*

## Intended use (EU):

Alleviation of symptoms of allergy induced diseases such as allergic asthma. Airsonett provides a reduction of airborne allergen exposure by means of Temperature controlled Laminar Airflow (TLA). The device is intended for home use.

**Precaution:** Airsonett is an additional treatment to regular pharmaceutical treatments. Airsonett is used for regular treatment, not fast relief or emergency treatment.

**Side effect:** Airsonett has an excellent safety profile.

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# Airsonett®